

IMPORTANT SAFETY INSTRUCTIONS

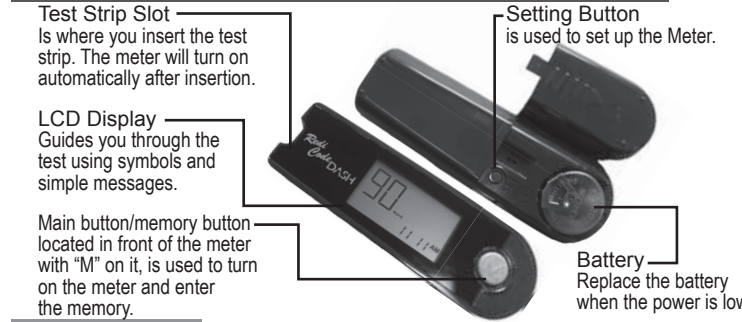
READ THIS BEFORE USE
 This kit consists of three main products: the meter, test strips, and control solutions. These products have been designed, tested and proven to work together as a system to produce accurate blood glucose test results. Use only Advocate Redi-Code Dash TD-4276 test strips and Advocate control solution with the Advocate Redi-Code Dash Blood Glucose Monitoring System.

- The standard kit of this system includes:
- ① Meter
 - ② Owner's Booklet
 - ③ Carrying Bag
 - ④ Lancets (optional)
 - ⑤ Warranty Card
 - ⑥ Control Solution (optional)
 - ⑦ Test Strip (optional)
 - ⑧ Lancing Device (optional)
 - ⑨ Quick Reference Guide

INTENDED USE
 This system is intended for use outside the body (in vitro diagnostic use only). It is used for the quantitative measurement of glucose in fresh capillary whole blood samples taken from the palm, forearm, upper arm, calf, thigh, or fingers. It is not intended for the diagnosis of or screening for diabetes mellitus, or for use on neonates. This system provides you with plasma equivalent results. Inaccurate results may occur in severely hypotensive individuals or patients in shock. Inaccurate results may occur for individuals experiencing a hyperglycemic-hypersmolar state, with or without ketosis. Critically ill patients should not be tested with a blood glucose meter.

PLEASE NOTE
 Check your kit to be sure that it is unopened prior to use and that it contains all parts listed above. If there is anything missing or damaged, please call customer service at 1-866-373-2824, Monday - Friday, 9:00 am - 5:00 pm ET.

Appearance and Key Functions of the Meter



NOTE
 The meter automatically turns off after 180 seconds without action or you can press and hold the main button "M" for 3 seconds to turn off the meter.

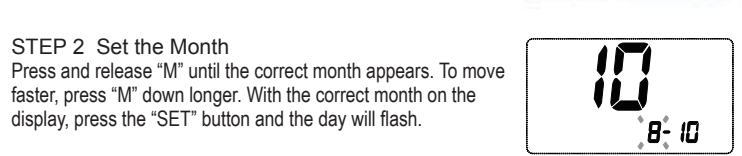
Viewing Day Average Results
STEP 1 Enter day averages mode.
 When appears on the display, press "M" for 2 seconds to view day average results.
STEP 2 Recall Test Results Average.
 Your 7-day average results measured in the General Mode will appear first. Press "M" to review 14, 21, 28, 60 and 90 day average results stored in each measurement modes in the order of General, AC, and PC.



STEP 3 Exit the Memory Mode
 Press the "M" for three second to turn off the meter.

SETTING THE METER

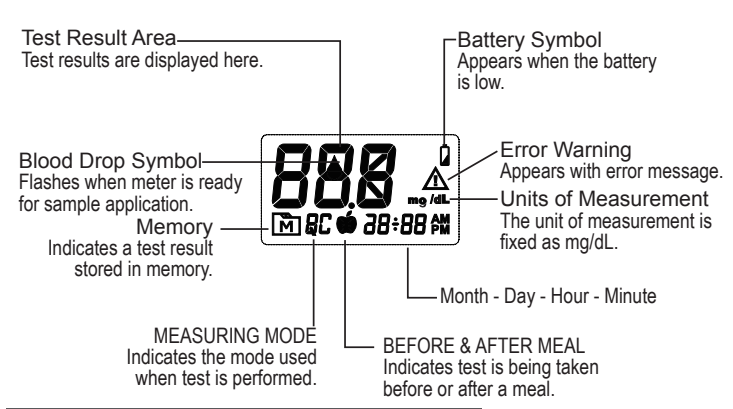
Start with the meter off. Then press the "SET" button located on the back of the meter. The meter is now in the setting mode.
STEP 1 Set the Year
 The year will appear first, with the year flashing. Press and release "M" to add one year. To move faster, press "M" down longer. When the correct year is on the display, press the "SET" button and the month will flash.



STEP 2 Set the Month
 Press and release "M" until the correct month appears. To move faster, press "M" down longer. With the correct month on the display, press the "SET" button and the day will flash.
STEP 3 Set the Day
 Press and release "M" until the correct day appears. To move faster, press the "M" button down longer. With the correct day on the display, press the "SET" button and the hour will flash.



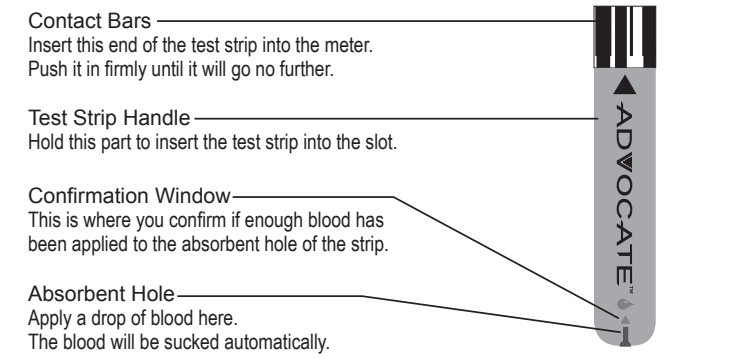
METER DISPLAY



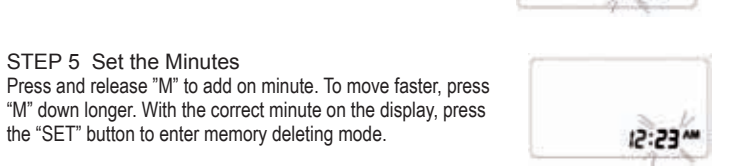
ADVOCATE TEST STRIPS

Your meter measures the amount of sugar (glucose) in whole blood. Blood is applied to the absorbent hole of the test strip and is automatically drawn into the reaction cell where the reaction takes place.

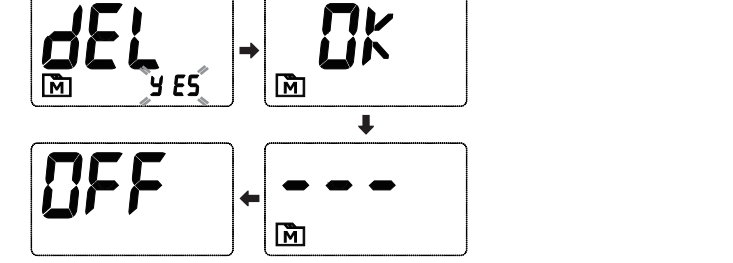
The test strip consists of the following parts:



*To set the time, you must set the date first
STEP 4 Set the Hour
 Press and release "M" to add one hour. To move faster, press "M" down longer. With the correct hour on the display, press the "SET" button and the minute will flash.



STEP 5 Set the Minutes
 Press and release "M" to add on minute. To move faster, press "M" down longer. With the correct minute on the display, press the "SET" button to enter memory deleting mode.



DELETING THE MEMORY

Delete results and exit the setting mode
 With "no" flashing on the display, you can easily delete all the results in memory by pressing "M" once, the meter will display "yes." Press the "SET" button to delete all the results, and the "no" will be displayed. The meter will then automatically turn off. If you do not want to press the "SET" button again to turn off the meter. While the meter is in the setting mode, it will also turn off automatically after idle for 3 minutes.

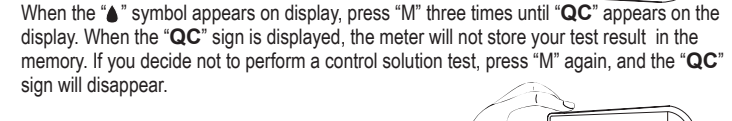
Measurement Modes

The meter provides you with four modes for measuring, General, AC, PC and QC

Modes	Use When
	any time of day without regard to time since last meal
	no food intake for at least 8 hours
	2 hours after a meal
	testing with control solution

Checking the meter with Advocate Control Solution

Advocate control solutions contain a known amount of glucose that reacts with test strips. By comparing your control solution test results with the expected range printed on the test strip vial label, this checks that the meter and the test strips are working together as a system and that you are performing the test correctly. It is very important that you do this simple check routinely to make sure you get accurate results.
 How to perform a control solution test.
STEP 1 Insert Test Strip
 Insert a test strip with contact bars end first and facing up, into the test port. (Contact bars must be inserted all the way into the meter or you may get an inaccurate test result.) The meter turns on automatically and displays the following:



When the "▲" symbol appears on display, press "M" three times until "QC" appears on the display. When the "QC" sign is displayed, the meter will not store your test result in the memory. If you decide not to perform a control solution test, press "M" again, and the "QC" sign will disappear.

REPLACE THE BATTERY

To replace the battery, make sure that the meter is turned off
 1. Press the edge of the battery cover and lift it up to remove.
 2. Remove the old battery and replace with one 3V CR2032 lithium battery.
 3. Close the battery cover. If the battery is inserted correctly, you will hear a "beep" afterwards.
NOTE:
 - Replacing the battery does not affect the test results stored in the memory.
 - As with all small batteries, these batteries should be kept away from small children.
 - Batteries might leak chemicals if unused for a long time. Remove the batteries if you are not going to use the device for an extended period (i.e., 3 months or more).
 - Properly dispose of the batteries according to your local environmental regulations.

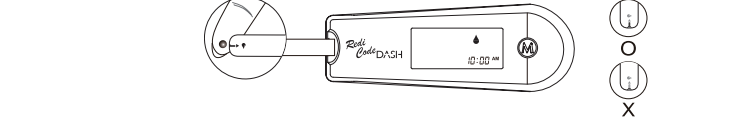
STEP 2 Apply Control Solution
 Shake the control solution vial well. Remove the cap from the control solution bottle. Place cap on a flat surface. Squeeze the bottle, discard the first drop, and wipe off the dispenser tip to prevent contamination. Squeeze the bottle again to get another drop on the top of the cap. Hold the meter to meet the absorbent hole of the test strip and the drop will automatically drawn into the test strip. Make sure the confirmation window fills completely. The meter begins to count down.

CAUTION
 To avoid contaminating the control solution with the content of the test strip, place a drop of control solution on a clean surface first. Then touch the drop with the test strip.

STEP 3 Check Result
 After the meter counts to 0 the control solution test result will appear. Compare the result with the range printed on the test strip vial. The result should fall within this range.

TESTING YOUR BLOOD
 Be sure to read this section carefully before testing. Make sure you have all items needed to test.
Test Strips
STEP 1 Insert Test Strip
 Insert the test strip with contact bars end in first and facing up into the test port. The bars must be fully inserted into the meter for accurate results. The meter turns on automatically and displays the blood symbol:
 LCD full display
 → flashing "▲"

STEP 2 Apply Sample
 Obtain a drop of blood, at least 0.7 µL (• actual size). Use the clear cap for sites other than fingers and refer to the strip package insert for more details.
 When the "▲" symbol appears on the display, touch the drop of blood with the absorbent hole of the test strip. Do not rub the blood sample against the test strip or try to apply a smeared sample.
 The blood should completely fill the confirmation window before the meter begins to count down. If the confirmation window is not filled completely before the meter begins to count down, do not add more blood to the test strip. Discard the test strip and repeat. If you have trouble filling the test strip, please call customer service for help.



DISPLAY MESSAGES & PROBLEM-SOLVING GUIDE

The following is a summary of the display messages. If your meter displays an error message, please follow the actions for the error message as described in the table below. If the problem persists, please call customer service for help.

Message	What It Means	Action
E-b	The battery does not have enough power for a test.	Replace the battery immediately.
E-U	Inserted a used test strip, or a problem with the meter.	Repeat test with a new test strip. If the error message appears again, please contact customer service for help.
E-T _h ▲	The temperature of the environment, meter or test strips is higher than the system's operating range 40°C (104°F)	You cannot perform a test until the meter and test strip are within the operating range of 10°C - 40°C (50°F - 104°F)
E-T _l ▲	The temperature of the environment, meter or test strips is lower than the system's operating range 10°C (50°F)	Repeat test after the meter and test strip are within the operating temperatures.
E-E	Problem with the meter.	Review the instructions and try again with a new test strip. If the problem persists, please contact customer service for help.
E-F	You may have removed the strip after applying blood to the absorbent hole.	Keep the test strip in the meter after it has absorbed blood until the meter displays the test results.
Lo	Result is below the measurement limit of 20 mg/dL (1.1 mmol/L).	This indicates hypoglycemia (low blood glucose). Please seek immediate medical assistance.
High	Result is above the measurement limit of 600 mg/dL (33.3 mmol/L).	This indicates severe hyperglycemia (high blood glucose). Please seek immediate medical assistance.

For questionable results, please see test strip package insert for important information.

NOTE

If you do not apply a blood sample within 3 minutes, the meter will turn itself off. You must remove the test strip and insert it back into the meter to restart the test.
STEP 3 Get Results
 Your blood glucose test result will appear after the meter counts to 0. Blood glucose test results are automatically stored in the meter memory. Turn the meter off by removing the test strip. Discard the used test strip carefully to avoid contamination. We advise users to periodically compare the test system to another test system known to be well maintained and monitored by a healthcare provider.

ALTERNATE SITE TESTING

IMPORTANT
 There are limitations with Alternative Site Testing (AST). Please consult your health care professional before you perform AST.
What is AST?
 Alternative site testing (AST) means that people use parts of the body other than the fingertips to check their blood glucose levels. This system allows you to test on the palm, the forearm, the upper arm, the calf or the thigh with the equivalent results to fingertip testing.
What is the advantage?
 Fingertips feel pain more readily because they are full of nerve endings (receptors). At other body sites, since nerve endings are not so condensed, patients will not feel as much pain on the fingertips.
 We strongly recommend performing AST ONLY at the following times:
 - In pre-meal or fasting state (more than 2 hours since the last meal).
 - Two hours or more after taking insulin/
 - Two hours or more after exercise.
 Do NOT use AST if:
 - You think your blood glucose is low.
 - You may not be aware of hypoglycemia
 - You are testing for hyperglycemia
 - Your AST results do not match the way you feel.
 - Your routine glucose results are often fluctuating.

Preparing Sites for Lancing
 Stimulating blood perfusion by rubbing the puncture site prior to blood extraction has a significant influence on the glucose value obtained. Blood from a site that has not been rubbed exhibits a measurably different glucose concentration than blood from the finger. When the puncture site is rubbed prior to blood extraction, the difference is significantly reduced.

SPECIFICATIONS

Dimension: 3.58L x 1.22W x .55H (inches)
 Weight: 26.2g (with battery)
 Power Source: 1 CR2032 3V lithium battery
 Display: LCD
 Memory: 150 measurement results with date and time
 Auto Electrode Inserting Detection
 Auto Reaction Time Count-Down
 Temperature Warning
 Operating Condition: 10°C ~ 40°C (50°F ~ 104°F), below 85% R.H.
 Storage/Transportation Condition: -20°C ~ 60°C (-4°F ~ 140°F), below 95% R.H.
 Measurement Units: mg/dL
 Measurement Range: 20 ~ 600 mg/dL (1.1 ~ 33.3 mmol/L)
 When battery is low, you can still do 50 tests at most.
 The device has been tested to meet the electrical and safety requirements of: IEC/EN 61010-1, IEC/EN 61010-2-101, EN 61326-1, EN 61326-2-6

CARING FOR YOUR METER

To avoid the meter and test strips getting dirt, dust or other contaminants. Wash and dry your hands thoroughly before use.
CLEANING:
 1. To clean the meter, wipe the surface with a clean cloth dampened with clean water, then dry the device thoroughly with a soft dry cloth. Ensure that neither water or the detergent solution enters the test slot or the battery compartment. DO NOT rinse under water.
 2. DO NOT use organic solvents to clean the meter.

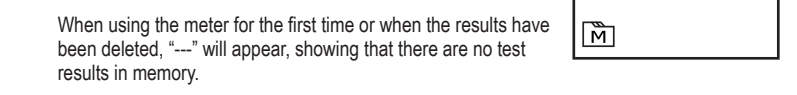
For Self-Testing
Customer Care:
 Call us with questions or comments about your Advocate Redi-Code Dash Blood Glucose Monitor. We are here to help. 9am - 5pm EST, Mon-Fri
Toll Free 1-866-373-2824 www.dsosi.com
 At all other times, you should contact your healthcare professional for assistance.

Distributed By:
 Diabetic Supply of Suncoast, Inc.
 HC 3 Box 7017
 Dorado, PR 00646

Please follow the suggestions below before obtaining a drop of blood:
 - Wash and dry your hands before starting.
 - Select the puncture site either at fingertips or another body parts.
 - Clean the puncture site using cotton moistened with 70% alcohol and LET IT AIR DRY.
 - Rub the puncture site for about 20 seconds before penetration.
 - Use a clear cap (included in the kit) while setting the lancing device.
 Lancing the Palm, Forearm, Upper Arm, Calf or Thigh
 Blood from sites other than fingertip - Put the clear cap on the lancing device for AST. Pull the cocking control back until it clicks. When lancing the forearm, upper arm, hand, thigh or calf, avoid lancing the areas with obvious veins to prevent excess bleeding.
 The Advocate Redi-Code DASH Blood Glucose Monitoring System requires 0.7 µL blood sample.
NOTE:
 Choose a different spot each time. Repeated punctures at the same spot may cause soreness and calluses.
 It is recommended to discard the first drop of blood as it might contain tissue fluid, which may affect the test result.

USING THE METER MEMORY

Viewing Results on the Meter
 Your Meter stores the 150 most recent blood glucose test results with date and time in its memory. You can review the test results in memory with these easy steps.
STEP 1 Enter the Memory Mode
 With the meter turned off, press "M" twice. The first test result will appear, indicating that you are in the memory mode. If you continue to press "M", you can then review the last 150 results in the memory.



When using the meter for the first time or when the results have been deleted, "----" will appear, showing that there are no test results in memory.
STEP 2 Recall Test Results
 After the last test result, the most recent test result with date and time appears. Press "M" to review your last 150 test results in order. When the memory is full, the oldest result is dropped as the newest one is added.

